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## MUSO Product Information Sheet

RAW004

21-12-14

PRODUCT NAME:	HOKKAIDO AZUKI		
DESCRIPTION:	-		
STORAGE CONDITION	Keep packed in cool and dry place, away from sunlight	Organic	-
STORAGE CONDITION (AFTER OPENING):	Store at cool and dark place away from sunlight and moisture.	SHELF LIFE	-

Product Code	Packaging Information	Unit GW (g)	Unit Size (mm)	Outer case GW (kg)	Outer Size (cm)
860000	30 KGS(66 LBS) /BAG				

### INGREDIENTS

Adzuki beans

### NUTRITIONAL INFORMATION

	per 100g
Energy : kJ	1,163
Energy : kcal	277
Fat: g	0.4
of which saturates: g	0.0
Carbohydrate (EU): g	33.3
of which sugars: g	4.3
Fiber: g	30.3
Protein: g	20.0
Salt: g (sodium (g) x2.5)	0.00
Sodium: mg	1

### HOW TO USE:

Wash and soak in water overnight and drain. Put adzuki beans and necessary amount of water in a pressure cooker. Boil on high heat, then reduce heat to low and cook for 5 minutes.